

Mental Health in the Workplace

Not your business?
Think again...

JUST THE FACTS

\$51b

per year lost: estimated economic impact of mental illness in Canada



1 in 4 Canadian workers experience chronic work stress

500k

Canadians miss work each week due to mental health issues



1 in 5 Canadians experience mental health challenges each year

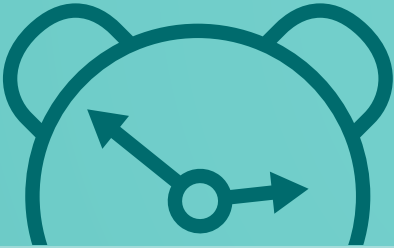
70%

of disability claim costs relate to mental health concerns



The WHO predicts mental health problems will be the #2 cause of disability by 2020

WHAT ELSE?

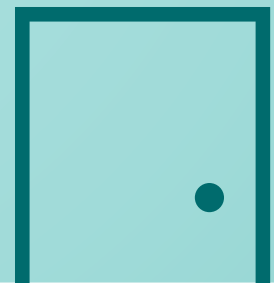


The longer someone is off work, the less likely they are to return

Canadian study shows \$13,000 lost each year by businesses per employee with absenteeism and presenteeism issues related to mental health

1.1 million small to medium sized businesses in Canada often lack resources to deal with mental health issues

Leave your problems at the door policy not a solution, as work and life continue to mesh together



HOW DOES THE ARIVE® EMPLOYEE ASSISTANCE PROGRAM HELP?

- Delivers measurable reduction of symptoms and substantial productivity increase after assistance
- Provides a gateway to better mental health through professional counselling
- Uses a return-to-work focus to promote work as a component of good mental health
- Offers managers support and guidance when addressing issues affecting employee productivity
- Guides employees and family members towards sustaining good mental health